



Coach Potential Program

Discovering aligned leadership

For True Collaboration

Maximizing potential as a leadership skill

The current day and age asks for leadership and collaboration, in which new ways of thinking and being are invited. Where connections are formed from authentic Selves, where courageous choices are made in alignment with this essence, where empowerment to use all your potential is the norm, and where creative solution spaces are opened in collaboration. Deeply human, interacting with other intelligence.

The Coach Potential Program (CPP) equips leaders with transformational presence, a growth mindset, relational wisdom and coaching skills at the highest level. And we develop professional coaches and facilitators to the next level of impact.

It is a profound and delightful personal transformation journey.
And it is a structured, creative and personalized coach training program.

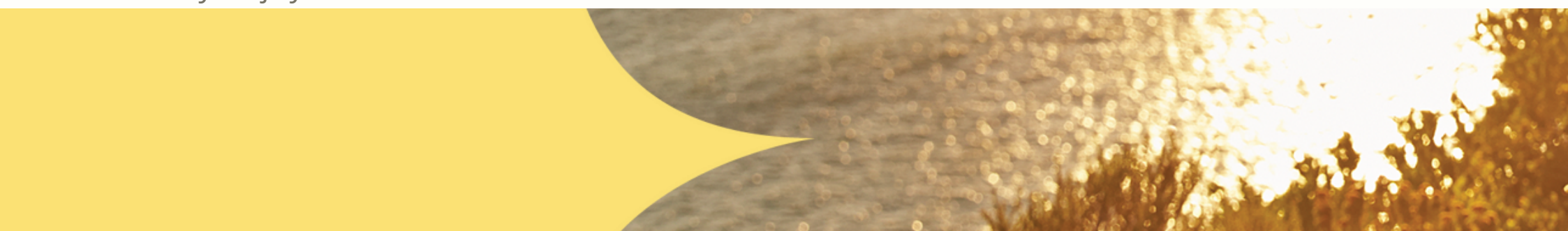
Ever asked yourself one of the following questions?

- How do I experience more peace, energy, flow, joy, and fulfillment?
- How do I take conversations to the next level and build relationships based on mutual acceptance and respect?
- How can I discover, express and use more of 'me'; by including for instance my emotions, physical wisdom, intuition, sensitivity and 'unique colour'?
- How can I create results with a bigger or more meaningful impact?
- How does synchronicity work?
- How can I support others to maximize their potential?
- How can I serve others by doing something I really enjoy?

What all of these questions have in common is that they require the ability to fully be yourself, while relating to others in an empowering way. This challenging balance opens the door to a range of new options, solutions and possibilities.

The key to finding this balance is a deeper level of self-awareness, presence and consciousness. Our personal alignment work allows you to explore and develop this, finding new embodied ways of being.

It also requires a different kind of relating, including interpersonal communication skills. Our training gives you the foundation and framework you need to get to that level of interaction.



Our style of transformative coaching

We invite you to explore your own authentic style of transformational coaching. We offer you several ways in, so you can find what works for you.

First, we base our coaching on the solid foundation of the core competencies from the International Coaching Federation, such as active listening and evoking awareness.

Second we offer you the YINX competencies of transformation and empowerment, such as alignment, self care, attunement, transformational presence, holding space and setting boundaries. Our theoretical framework connects science and spirituality and is rooted in:

Neuroscience

Taoism

Mindfulness

Positive psychology

Energy work

Change theory

Transformational coaching

Somatic coaching

Systemic coaching

Voice dialogue/Internal Family Systems

For you?

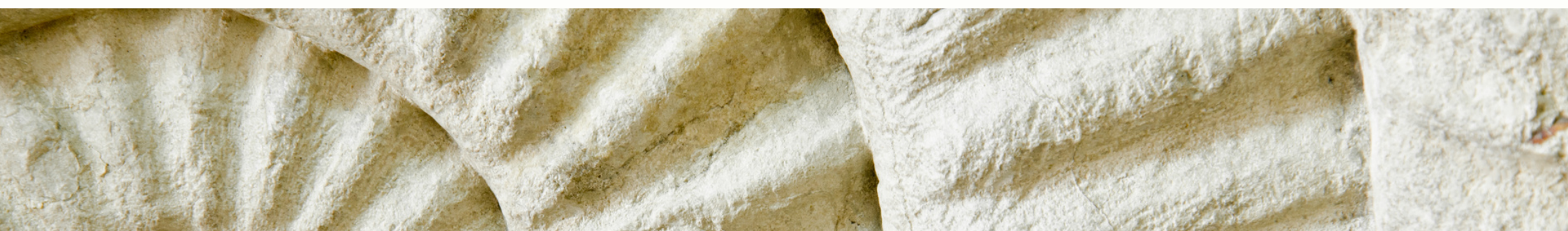
This program is designed for professionals who have leadership or coach/facilitation experience, feel that more is possible in terms of realising their potential, and have a curiosity of how they can serve others.

You are for example an executive, a manager, a leader, an HR professional, an entrepreneur, a consultant, coach or trainer.

You are curious, you have life experience, you feel a desire to create something meaningful, and you sense that now is the time to make that happen. And you have a willingness to commit and experiment.

You are looking for:

- A professional program with a personal approach
- Support in unlocking your potential
- Inspiration and practical tools
- The opportunity to learn and grow with a group of like-minded people
- A welcoming, supportive and challenging environment, in which you can experiment with new skills
- Coaching skills at the highest level
- An accredited program that allows you to become professionally certified with the International Coaching Federation
- Surprises with a touch of magic



What the Coach Potential Program will bring you

On completing the program, you will experience.....

- Greater personal awareness and presence
- A greater sense of purpose
- More confidence and trust in yourself
- Flow and energy in your life
- A deeper connection with others
- More meaningful conversations
- Greater creativity in how you approach situations
- Increased effectiveness and focus in your leadership

You will be able to support others in unlocking their potential by:

- Conducting coaching conversations on a professional level
- Creating a safe environment and building trust and connection
- Communicating more effectively
- Empowering others to take ownership and initiative
- Creating clarity and focus
- Unlocking sensitivity; sensing, feeling, recognizing body language and intervening based on these observations
- Being comfortable in the not-knowing of transformation

And you will receive a diploma that will allow you to get certified with the International Coaching Federation



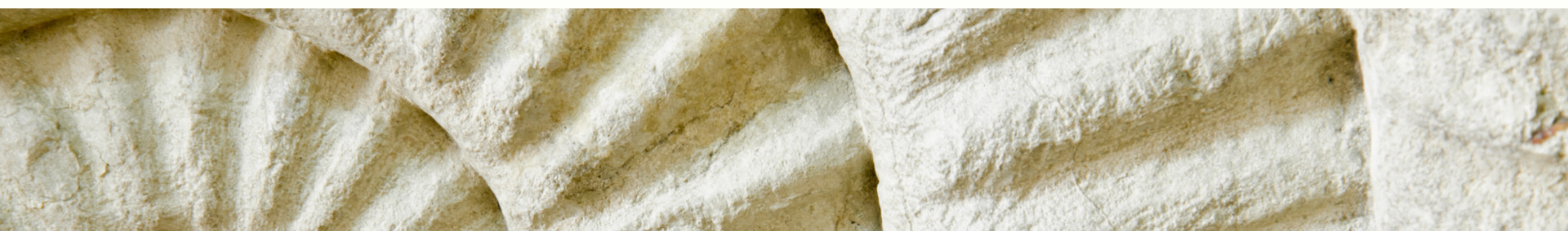
What characterises the program?

- An **integrative approach** that speaks to heart and mind and offers a framework and tools that connect science and spirituality
- A **personalized learning journey** (intake and personal learning objectives, 1:4 ratio of facilitators to participants), designed to ensure your personal transformation
- **Blended learning:** experiential learning; online teaching modules; in person sessions focused on interaction; application and experimenting
- A highly **experienced team** with a strong track record in training, coaching, and leadership; all our professionals are certified by the International Coaching Federation
- An **individual group experience**, allowing you to experiment with being in a group, giving and receiving support, having access to stories and emotions that might be different from yours, increasing your bandwidth of what you can relate to - all of this facilitated to enrich your individual learning experience

Internationally accredited program

The YINX Coach Potential Program is accredited by the International Coaching Federation as a level 2 Accredited Professional Coach Training.

Upon successful completing the program, you will receive a certificate, which will allow you to get certified as a professional coach ("PCC") with ICF.



Program set-up

The program lasts 6 months, with a break halfway through. The set up consists of 4 phases:

Introduction: self leadership and introduction to the coaching mindset

Foundation: introduction to the coaching skills, continued personal work

Expansion: integration of your personal work, and deepening of your coaching

Mastery: further developing your own style and application

These four phases comprise the following components:

Personal intake and three **facilitator check-ins**

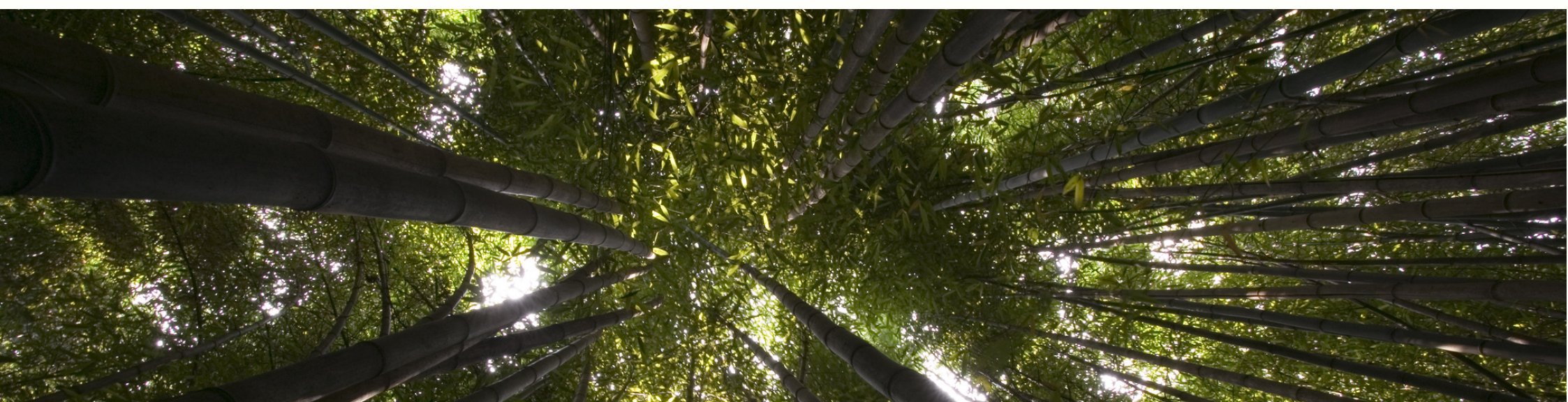
Three **alignment weekends** of experimenting and practicing: creating personal experiences in order to become more present and aligned with yourself

Thirteen **training afternoons:** theory, exercises, practice

Coaching practice in different forms, such as peer sessions in triads, feedback on audio recordings, practice with guests during a coach event

Guided **self-reflection and self-care practices** such as journaling

Training materials (reading materials, podcasts, videos) on topics such as active listening, building trust, transformation, holding space, energy and emotions, the brain in coaching



Meet the team



**Gabrielle
Sepers**

- Former Chief Compliance & Risk Officer at KPN, INSEAD MBA, McKinsey
- Entrepreneur
- Transformational (team & executive) coach, inner process work facilitator, coach trainer



**Caroline
Wamsteker**

- 20+ years of experience in coaching, inner process work and training coaches
- Source of wisdom



**Martin
Eimers**

- Former HR executive and VP Business Development at Vattenfall
- 20+ years of experience in HR management
- Interim manager, executive coach, facilitator



**Ellis
Broeks**

- Medical dr (np)
- Former consultant at McKinsey
- Transformational coach and facilitator

YINX Seamless Team Approach

To provide you with an integrated experience, we work with core facilitators that have been in your chairs and work like a seamless team throughout the program; they form a finely-tuned system with strong lines of communication, creating a supportive environment with care and attention on the learning environment and progress of each individual in the group. You get to work with all of them, and choose with whom you would like to work more closely.

In addition to the core team, an extended team of coaches, mentor coaches, process work facilitators, and trainers will appear during your journey, to make your experience as diverse as possible. We invite both very mature professionals and trainees, allowing you to see diverse stages of experience and honoring the YINX commitment to continued development. All our professionals are experienced in the YINX way of working, ensuring consistency in your experience.



What CPP-graduates said about their experience



Vincent Timmers (44)

Partner Ebbinge

'The Coach Potential Program brought me a higher consciousness level; I am more aware, of both myself and the interaction with others, which allows me to choose my actions. I connect on a deeper level, and I have the tools to quickly get to the essence in conversations.'



Becky Nascimento (40)

Founder & Former Marketing Director

'I signed up to the CPP after achieving the ICF ACC and wanting to continue to improve my skills as a coach; I wanted to be able to conduct my coaching at a deeper level. What I have experienced as a person is a much greater level of transformation than I could have expected. I am more grounded, and connected to myself than before; this in turn, has supported the transformation of my coaching skills.'



Jan van der Lee (54)

Lead Climate Agreement Program at TenneT

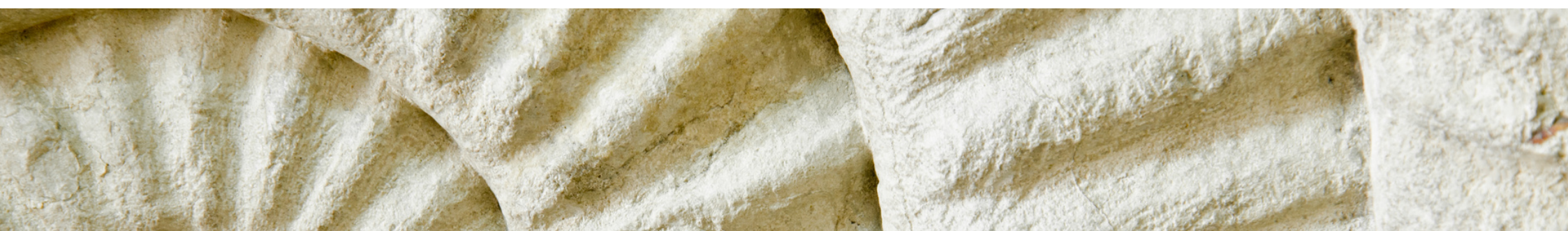
'I started this program with leadership goals: I wanted to be more present for and with my team. Become better at delegating, supporting and equipping my team to do it themselves. And I wanted to trust my gut feeling, and experience more energy, joy and freedom for myself at work. Looking back, I have achieved all these goals. And... as a bonus, I learned how to conduct a coaching conversation on a professional level. Something I turned out to really enjoy'



Mia Wessels (29)

M.D., Keynote speaker, Coach/therapist

'The CPP has been one of the most valuable and impressive experiences in recent years. In addition to a full training as a coach, I have developed as a person and made major decisions that I am now reaping the benefits of. It felt like a transformation to an authentic life.'



Practicalities

Language

Training materials are in English. Some are also available in Dutch, as are some optional materials.

Communication with your facilitator and your coaching practice can be in Dutch, English and German.

If the entire cohort speaks Dutch, classroom sessions will be conducted in Dutch. If there are non-Dutch speakers, classroom sessions will be conducted in English with translation to Dutch available.

Location

Plenary group sessions will take place in central NL, in a nature surrounded area.

Time investment

Plan for an average time investment of 0,8 day a week.

See the next page for the detailed scheduling of the upcoming cohort.

Financial investment

Euro 14.950,- (excl. VAT) including accommodation costs.

Limited options for a scholarship are available.



Time Schedule - Jan 2026 cohort

PLENARY GROUP MEETINGS		OTHER DATES	
Tues 20 Jan (1300-1800)	Training 1		
Fri 23 Jan (0900-2100) Sat 24 Jan (0900-1800)	Personal alignment work 1*		
Tues 27 Jan (1300-1800)	Training 2		
Tues 3 Feb (1300-1800)	Training 3		
Tues 10 Feb (1300-1800)	Training 4		
Spring Break			
		Tues 24 Feb (1300)	Upload Recording 1
Tues 3 March (1300-1800)	Training 5		
Tues 10 March (1300-1800)	Training 6		
		Between Fri 13 March & Tues 17 March	Facilitator check in
Fri 20 March (0900-2100) Sat 21 March (0900-1700)	Personal alignment work 2*		
Tues 24 March (1300-1800)	Training 7		
		Tues 31 March (1300)	Upload Recording 2
Tues 7 April (1300-1800)	Training 8		

Time Schedule - Jan 2026 cohort

PLENARY GROUP MEETINGS		OTHER DATES	
Tues 14 April (1300-1800)	Training 9		
Tues 21 April (1300-1800)	Training 10		
May break			
		Tues 12 May (1300)	Upload Recording 3
Tues 19 May (1300-1800)	Training 11		
		Between Fri 22 May & Tues 26 May	Facilitator check-in
Fri 29 May (900-2100) Sat 30 May (900-1700)	Personal alignment work 3*		
Tues 2 June (1800-2200)	Coach Event **		
		Tues 9 June (1300)	Upload Recording 4
Tues 16 June (1300-1800)	Training 12		
Tues 23 June (1300-1800)	Training 13		
		Sun 28 June (2200)	Upload session for level assessment
		Sun 5 July (2200)	Upload Book of Wisdom report
Thurs 9 July (1500-2100)	Graduation		

- In addition, please plan for:
- Weekly journaling (hand in before Sunday 2200)
 - Minimum of 6 peer coaching sessions, to be planned with 2 peers
 - Preparation for classes
 - Practice coaching sessions (as many as you like ;))

* Including overnight stay. For weekend 1 this is mandatory, for weekend 2 and 3 optional

** Location for the Coach Event TBD

YINX' mission - True Collaboration

True collaboration, in a system where every individual
Can truly be and use his full potential
A team where alignment results in synergy
And where being impactful feels effortless

We do. We live it. We share it. We teach it.

This is about personal leadership and team membership
About speaking your truth and listening to others
A perfect balance between I and WE. It's about US

Possible: yes. Easy: not per se.

Just think about all the times that you closed yourself
That being true to yourself resulted in standing alone
or that you couldn't show all of you in order to fit in

But if you are willing to put in effort to experience effortlessness
You are right about to enter a new chapter in connecting....
With yourself and with others

It's your journey, your story, your future
We offer personal support, guidance, transformational coaching,
leadership and team development, theory and proven tools.

Are you ready to live your true potential?
To be the leader you know you are?
To collaborate using deep connections?

Let's make magic together!



Contact us

For more information, or a no-obligation chat to find out whether this program fits the next step in your journey, please contact:

Gabrielle Sepers

+31 6 24 52 41 77

gabrielle@yinx-group.nl

Caroline Wamsteker

+ 31 6 24 71 62 78

caroline@yinx-group.nl

www.yinx-group.nl

